I am incredibly honored and humbled to have been selected to serve as the new executive director at Options for Independent Living!

Like many other people throughout our 17-county service area, I have always regarded Options as an exemplary organization. Even so, in the short time since I’ve joined the team, my appreciation for the organization and its staff has grown immensely. Carrying out our mission “to empower people with disabilities to live independent and productive lives” is not just a mission statement on paper. It guides every decision and each interaction with the people we serve. Consumer choice and independence are paramount. This is all done through the skilled and compassionate delivery of advocacy, and the provision of information, education, assistive technology, and related services.

As a person with a significant vision loss, I have lived the Independent Living philosophy - even before I knew what it was! I joined the Board of Directors at Options’ in its early days, and learned a great deal from both the board and staff. Serving as the president of the board was also a great honor. I’m determined to “stand on the shoulders” of our visionaries of the past, and build on the successes of subsequent staff, board, and committee members.

Of all these “giants,” I would like to single out my predecessor, Tom Diedrick. Tom has been extremely generous in sharing his knowledge, skills, and wisdom. I am committed to building on the legacy that Tom and Assistant Director Kitty Barry have built.

Meeting with each staff member individually has been inspiring. I look forward to similar conversations with board members, committee members, community partners, and people with disabilities. What do you think? Please share your ideas and opinions by contacting me at suep@optionsil.org or calling 920-393-1045.

The more I get to know this organization, the more deeply I know that we all deserve Options!
Upcoming Events:

Do You Have a Fear of Falling? Options is Hosting a Stepping On Class Starting September 25th.

Do you have concerns about falling? Are balance issues affecting your mobility? Join us at Options for Independent Living for a fun, interactive seven week course that is proven to help prevent falls! It is for people with disabilities or those who are aging and have fallen, have a fear of falling, or want to avoid falling.

Class leaders bring in local experts to cover the following topics:

· A Physical Therapist will attend three of the seven classes to demonstrate, practice, and review strength and balance exercises, along with how to get up from a fall, how to walk safely, how to use a cane, and how to link exercises to functions of daily living. In addition, the therapist will identify home, clothing, and footwear hazards.
· A Community Safety Expert explains environmental and home safety hazards.
· A Vision Expert discusses how vision can change and devices to help with vision loss.
· A Pharmacist talks about medication risks known to cause falls.
· And, you will gain strategies and learn about helpful devices to reduce your risk for falls.

When is this happening? Tuesday afternoons this fall, starting September 25. The classes continue on October 2, 9, 16, 23, 30 and November 6. Classes start at 1:00 pm and last until 3 pm. The cost is only $10. Contact Stacie Scheibe at 920-393-1050 for more information. Hurry…registration deadline is Friday, September 14.

Free Wheelchair Wash at Options on Friday, September 21.

On Friday, September 21, 2018 The Knights of Columbus Council 617 and Options for Independent Living are hosting a FREE “Wheelchair Wash.” There will not be a safety check, just a “Wash.” The event will be held at Options (555 Country Club Rd, Green Bay) in the back parking lot connected to Northeast Wisconsin Technical College, Parking Lot G. The “Wash” begins at 9:00 a.m. and will run until 11:30 am. Light refreshments will be provided.

Reservations for the “Wash” are not necessary, but appreciated. Individuals who need help transferring are asked to bring an attendant. For more information or to make reservations, please call Options for Independent Living at (920) 490-0500 or toll-free at (888) 465-1515.
Upcoming Events Continued…

Friday, November 2nd, Options is Hosting “Caregiver Resources and Strategies” Learning Session

November is National Family Caregiver Awareness month. In conjunction with the Brown County Caregiver Coalition, Options will host a free learning session for caregivers and those they care for entitled “Caregiver Resources and Strategies.” This free session will take place at Options for Independent Living, 555 Country Club Road, Green Bay, from 1:00 pm—2:30 pm on Friday, November 2nd.

The session will cover a brief overview of Options services. Then you will take a tour of Options Accessible Showcase Model Home and explore how to adapt your home environment with assistive technology to increase the quality of life for those you are care for on a daily basis. Whether it’s a barrier free shower, a medication monitoring system, an amplified phone, or a simple app to assist with daily chores, you will see how using technology can modify your caregiving strategies in a beneficial way.

Registration for this session is not mandatory, but appreciated. To register, or for more information, please contact Stacie Scheibe, Independent Living Coordinator, at 920-393-1050.

Don’t Forget to Vote!!

Tuesday, November 10 is Wisconsin’s General Election. Offices to be elected are Governor, Lt. Governor, Attorney General, Secretary of State, State Treasurer, U.S. Senator, Representative in Congress, State Senator (odd-numbered districts), Representatives to the Assembly (all districts). County offices up for election are Sheriff, Clerk of Circuit Court and Coroner (where applicable).

Why should you vote? Voting is one of the most important rights and responsibilities that U. S. citizens have. About 150 million American citizens are qualified to vote. Unfortunately, many don’t. They give up on a chance to choose their leaders and representatives. As the number of people with disabilities increases, so should voter turnout of people with disabilities. There is power in numbers. According to the U.S. Census Bureau, 54 million Americans have a disability. That represents approximately 20%, or 1 out of every 5 Americans. What a huge impact could be made in regard to Local, State, and Federal government, policies, and services if every one of those 54 million people let their opinions and choices be known through The Power of the Disability Vote!

If you are unsure where to vote, contact your county clerk’s office. For more information on disability related issues check out the Wisconsin Disability Vote Coalition at http://www.disabilityvote.org/resources. You will also find answers on how to register, where to vote, what to bring with you when you vote in regards to ID, etc. Bottom-line, if you don’t vote your voice does not count. Please VOTE!

“Vote as if your life depends on it - because it does!” ~ Justin Dart Jr., Disability Rights Advocate ~
Options Recently Retired Executive Director and a Past Options Board Member receive Fair Housing Awards!

The Wisconsin Fair Housing Network presented its annual Fair Housing Awards on Tuesday, July 17, 2018 during the statewide “A Home For Everyone Conference” of the Wisconsin Collaborative for Affordable Housing, held at the KI Convention Center in Green Bay, Wisconsin.

A 2018 Special Recognition Fair Housing Award (recognizing important contributions by an organization or individual for evident and effective progress towards furthering fair housing in the community) was presented to Thomas J. Diedrick, recently retired Executive Director of Options for Independent Living. Tom is pictured below with his award.

In addition, Keith Pamperin, Options former Board member, was presented with the Charles M. Hill Sr. Housing Excellence Award. This award is given to individuals who have exhibited a life-long effort of dedication and excellence in the creation of affordable housing in Wisconsin. Keith was the Brown County Housing Authority Executive Director for over 30 years. He is pictured below receiving the award from Charles M. Hill Sr.

Kudos to both Tom and Keith for their exemplary housing advocacy efforts throughout the years!!!

“I am honored to receive this award and accept it on behalf of all those who labor to achieve adequate accessible housing. Accessible housing is the most critical component to achieving a goal of independent living. The lack of it continues to be the barrier. We must carry on our advocacy efforts to increase the amount of accessible housing available, not only in WI, but across the nation.” Tom Diedrick
Consumer Spotlight
Written by Michelle Schiltz

When I was asked to write my story, I was both honored and humbled. What made my story special? Well I don’t know if it’s special, but it is my story and to understand how far I’ve come you need to understand where the journey started.

At my lowest, fifteen years ago, my three children and I found ourselves living in a house filled with black mold and rotting ceilings. I was working at Nicolet Elementary and found a flyer for Habitat for Humanity. Not thinking I’d be so lucky to be chosen, I sent in my application. About three weeks later I got the call saying we were actually chosen. But my excitement was short lived. My heart sank when I learned I’d need a down payment. How could I ever come up with that money? I prayed on it and my prayers were answered when Sandy Popp, Independent Living Coordinator, from Options for Independent Living assisted in locating the down payment I needed.

Fast forward to today and we still live in our Habitat home. So many cherished memories have been made there, my children and I have flourished. Because we’re so grateful for the gift we’ve been given, my family and I believe in an open-door policy welcoming kids into our home. We hope that new memories for them and for us will be created there.

The Gathering Place has also been part of my journey. I’ve met so many wonderful, inspirational people that I’ve been inspired to pursue working as a Certified Peer Specialist (CPS). I was one of the18 people selected (out of 50) into the CPS training program offered by Options for Independent Living and funded by the Gathering Place. A few weeks ago, I completed my training and am in the process of studying for finals.

Bringing things full circle, I hope to help others on their journey as Sandy helped me on mine fifteen years ago. Thanks to Options for Independent Living a new chapter was started in my life. I am where I am today, living in my home, blessed in so many ways and looking at my journey ahead while also looking back, grateful for all the help I’ve received along the way.

New Multiple Sclerosis Support Group
Starting Up in Green Bay this Fall

A new MS Support group, “Meet and Share MS Support Group,” is starting up in Green Bay this Fall. The first meeting will be October 9, 10 am to noon, at the Grounded Café located in the Aging and Disability Resource Center of Brown County. The address is 300 S. Adams Street, Green Bay. The group is hoping to meet the second Tuesday of each month. If you have any questions, please feel free to contact Ken Krause at 715-203-6259.
Recreation

Wisconsin State Parks—Camping, hiking, kayaking, fishing—there is so much to enjoy in our state parks in the fall. And don’t forget the beautiful fall colors as the leaves turn. There are accessible cabins and rustic camping sites for the camping enthusiast. There are rustic cabins located at Copper Falls and Blue Mound state parks as well as larger cabins with more amenities at Mirror Lake, Buckhorn, Harrington Beach, High Cliff, Kohler-Andrae, and Potawatomi state parks, Kettle Moraine State Forest-Southern Unit, and the Richard Bong State Recreation Area. These cabins are available only to people with disabilities and their guests and must be reserved ahead of time.

WI State Parks also have adaptive equipment that can be used to enjoy the parks. For individuals with mobility disabilities, they now offer a unique way to experience the outdoors. Buckhorn, Council Grounds, Devil's Lake, Mirror Lake, and Perrot state parks all have kayaks available equipped with a number of adaptive devices.

The Department of Natural Resources also has many accessible piers for fishing and boat access throughout WI. There are also accessible hiking trails. All of this allows people with disabilities to enjoy the outdoors. For more information on the accessible cabins, campsites, adaptive equipment, piers or hiking trails contact Nick Zouski at 608-267-7490 or email DNRWisconsinParks@wisconsin.gov or go online to http://dnr.wi.gov/topic/parks/camping/cabin.html.

Do You Have Concerns with Your SSI Managed Care HMO Services—Disability Rights Wisconsin has an SSI Managed Care External Advocate that Can Help!

If you have concerns with the services from your HMO or SSI Related Medicaid, there is an SSI Managed Care External Advocate (SSI-MC EAP) serving individuals enrolled in SSI-related Medicaid and HMOs (Health Maintenance Organizations) in Wisconsin. All the services covered by Medicaid are covered by HMOs. The Department of Health Services (DHS) contracts with Disability Rights Wisconsin (DRW) to provide advocacy services for those enrolled in an SSI Managed Care organizations.

SSI-MC EAP provides information for people who have questions about the SSI Managed Care Program and provides advocacy services to people enrolled in the SSI HMOs. For assistance, call DRW at 1-800-708-3034 or 414-773-4646.
Benefits Buzz

New Medicare Cards Updates!

Those of you who are on Medicare should have received a new Medicare Card. The cards have a new unique Medicare Number instead of a Social Security number. Medicare automatically mailed the new cards to the beneficiary address on file with the Social Security Administration. The new Medicare card looks like the one below. If you did not receive a new Medicare Card, you are contact Medicare at 1-800-MEDICARE (1-800-633-4227).

And watch out for scams...Medicare will never call you uninvited and ask you to give personal or private information to get your new Medicare Number and card. If someone asks you for your information, for money, or threatens to cancel your health benefits if you don’t share your personal information, hang up and call 1-800-MEDICARE (1-800-633-4227).

Support Groups Meeting at Options

Options for Independent Living hosts several support group meetings:

**CARE Café – “A place for adults on the spectrum.”** This is a social/support group for adults 18 and over on the autism spectrum. Meetings are held the 2nd and 4th Friday from 6-8 pm at Options. The meetings are free. For more information contact CARE Café on Facebook or email mortongbay@aol.com or jjmorton@spectrumblue.net. You can also request that you be added to their email roster which will include updates on meeting plans and location, any meeting changes, etc.

**Epilepsy Support Group** – Meetings are held at Options every 3rd Tuesday of the month from 6:00—7:30 pm. For more information contact Tim Renken direct at 715-341-5811 or email him at trenken@epilepsywisconsin.org

**ALS Support Group** - Meetings are held the 2nd Wednesday of each month at Options from 6 pm—8 pm. For more information contact Carolyne Younk, MS, Care Service Coordinator for ALS Association WI Chapter Satellite office in Green Bay. Contact number is 920-288-7095.
Want to Get Involved in Statewide Legislative Advocacy?

Join Options Act Now Legislative Advocacy Network—Do you want your voice heard, but feel just your voice alone would not be enough? Why not join Options legislative advocacy network called Act Now. Individuals in the network receive, via email or mail, legislative alerts and updates on issues impacting people with disabilities. When an alert or update is received, everyone on the network is encouraged to pursue the issue by contacting their area legislator, combining your voice with many!

Contacting your legislator about issues that may affect you, or someone you know, is important. Your legislator wants to hear first hand how legislation being considered can impact your life positively or negatively. It helps in their decision making. Joining Act Now will assist you in those efforts. This network will educate you on the issues and help you to advocate more effectively. The more people in the network, the greater the impact!

If you are interested in joining Act Now, contact Sandy Popp at Options (920) 393-1043 or toll-free at (888) 465-1515, ext.179. Remember, your voice can and does make a difference!

Other ways you can get involved in Statewide Advocacy...You could become a member of a Wisconsin State Council/Committee. Wisconsin is looking for consumers to serve on their statewide committees or councils. All necessary hotel stays, transportation, and meal costs are provided for Council/Committee members when attending meetings. See below:

Assistive Technology (AT) Advisory Council - The Assistive Technology (AT) Advisory Council is composed of no fewer than nine and no more than thirteen members. At least 51% of the elected membership of the Council are people with disabilities, who use assistive technology.

The purpose of the Advisory Council is to provide advice and guidance to the WisTech Program and assure that it is in compliance with the provisions of the Assistive Technology Act (Tech Act) of 1998, as amended. Specifically, the Advisory Council will provide advice and guidance on the following: Submission of Wisconsin’s State Plan for Assistive Technology to the U.S. Department of Health and Human Services, Administration for Community Living (ACL); monitoring the WisTech program according to the State Plan for AT; developing and maintaining collaborations with other agencies, organizations, and bodies providing AT services and devices throughout the State, and; monitoring of program data and outcomes. To learn more about the AT Advisory Council, please visit: https://www.dhs.wisconsin.gov/disabilities/wistech/advisoryboard.htm or if you have any questions, please contact at 608-266-3118.

Governor’s Committee for People with Disabilities (Governor Appointed) - In 1948, a Governor's Committee was established with one goal: to improve employment opportunities for people with disabilities. The group's mission was broadened in 1976 to cover many aspects of disability in Wisconsin and became the Governor's Committee for People with Disabilities (GCPD).
Advocacy Continued...

The Governor’s Committee is charged with the following duties: advise the Governor and state agencies on problems faced by people with disabilities; review legislation affecting people with disabilities; promote effective operation of publicly-administered or supported programs serving people with disabilities; and many others. GCPD meets quarterly in Madison. If you are interested in becoming a member or learning more, please contact Lisa Sobczyk with Department of Health Services at lisa.sobczyk@wisconsin.gov or 608-266-9354.

Statutory Council on Blindness (Appointed by DHS Secretary) - The Statutory Council on Blindness (SCOB) is a nine-member advisory council whose purpose is to make recommendations to the State of Wisconsin Department of Health Services (DHS) and other state agencies on services, activities, programs, investigations, and research that affects Wisconsin’s blind and visually impaired population. The SCOB meets quarterly to discuss issues and conduct Council business. Members of the public are welcome to attend, listen in and provide comments as well. Agendas and public meeting notices are posted on the SCOB’s website.

For more information about the Statutory Council on Blindness and to learn how to become a member, visit https://scob.wisconsin.gov or contact Amber Mullett via email at Amber.Mullett@wisconsin.gov or by phone at 608-261-7823.

Wisconsin Council for the Deaf and Hard of Hearing (Governor Appointed) - The WI Council for the Deaf and Hard of Hearing (CDHH) is a committee made up nine individuals that acts as an advocate for individuals in Wisconsin who are Deaf, hard of hearing or Deaf-blind. CDHH acts in an advisory capacity to the Office for the Deaf and Hard of Hearing (ODHH) located within the Bureau of Aging and Disability Resources. CDHH meets quarterly.

For more information about the Council for the Deaf and Hard of Hearing and to learn how to become a member, visit https://dhhcouncil.wisconsin.gov/ or contact Amber Mullett via email at Amber.Mullett@wisconsin.gov or by phone at 608-261-7823.

Wisconsin Council on Physical Disabilities (Governor Appointed) - The Wisconsin Council on Physical Disabilities (CPD) invites you to work with them to improve the lives of people with physical disabilities. The Council has five major responsibilities it is charged with through state statute—develop a state plan for services to people with physical disabilities; advise state agencies on programs and policies that affect people with physical disabilities; promote public understanding of the abilities and concerns of people with physical disabilities; encourage development of programs to prevent physical disabilities; submit recommendations in an annual report to the legislature.

At least six members must be people with physical disabilities, two members may be parents, guardians, or relatives of a physically disabled person and at least one member must be a service provider to people with physical disabilities. To learn more about CPD, please visit: https://cpd.wisconsin.gov. If you are interested in becoming a member or learning more, please contact Lisa Sobczyk with Department of Health Services at lisa.sobczyk@wisconsin.gov or 608-266-9354.
**Options has HOME funds for Home Accessibility, Rehabilitation, or Repair**

*Options* for Independent Living, Inc. received federal funding through the State of Wisconsin Department of Administration, Division of Housing to administer the HOME Investment Partnership Program (HOME Loan Program). The HOME Loan Program provides zero-interest, deferred payment loans to low or moderate income people with a disability and those who are older for the purpose of making accessibility and general home improvements or repairs to their single family home. The loan must be paid back when the property is sold, transferred or ceases to be the borrower's principal residence.

Types of projects include (but not limited to) ramp construction, bathroom, kitchen and bedroom modifications, along with general housing rehabilitation and repairs. The counties served by this program include Brown (outside Green Bay City limits), Calumet, Door, Fond du Lac, Green Lake, Kewaunee, Manitowoc, Marinette, Marquette, Menominee, Oconto, Outagamie, Shawano, Sheboygan, Waupaca, Waushara and Winnebago. Applicants must meet the eligibility requirements to be considered for a loan. For more information contact Steve LaFrombois at *Options*, 920-490-0500 or toll-free at 1-888-465-1515, ext. 122.

**Did You Know…Options has a Medicaid Personal Care Program**

*Options* offers a Personal Care Program for people with permanent physical disabilities who are: Medicaid beneficiaries, medically stable, require personal care services, and have identified an individual to provide personal care.

The program is consumer directed and includes personal care assistance with: bathing, dressing/undressing, prosthetics, grooming, eating, mobility in home, toileting, transferring, and incidental services (laundry, light housekeeping, meal prep). The consumer must agree to responsibly use personal care services and have back-up support available as needed. *Options* does not provide emergency or back-up personal care services.

Consumers utilizing *Options* Personal Care Program must have chosen an individual who they are interested in hiring. The Personal Care Worker (PCW) candidate must be at least 18 years old and, ideally, be trained in the skill(s) necessary to provide cares to the consumer. The PCW can not be a parent/guardian of a minor child or a spouse.

If you have a referral or would like more information on *Options* Personal Care Program please contact Carol Hall, RN Supervisor at 920-490-8270 ext.181 or toll-free at 888-465-1515, ext. 181 or e-mail at carolh@optionsil.org.
Tech Closet News

*Options* Assistive Technology (AT) Specialist can assess an individual with a disability to determine the role assistive technology can play in achieving greater independence. For more information on the pictured technology below or other assistive technology that can help you reach your goal of independence, contact Calvin Richtig, *Options* AT Specialist, at 920-393-1037 or toll-free at 888-465-1515, ext. 130. (*Assistive technology partially supported by the WisTech, Assistive Technology Program. Telecommunication partially funded by the Universal Service Fund (USF)).

Are you a student or parent of a student with hearing loss who is returning to school this fall? Many young students rely on parents to wake them each morning because they are unable to hear standard audible alarm clocks. As students approach high school graduation it is important to consider how they will wake independently. The Sonic Alert Sonic Bomb and iLuv TimeShaker Boom are just two examples of devices that can be used to wake someone with the use of a vibrating bed shaker.

Some of the devices allow an individual to use their cell phone alarm while others have stand-alone alarm clocks, adding a vibrating bed shaker. There are also visual alert systems, which add several other functions to the alarm clock, including doorbell, smoke alarm, phone ring transmitter, intercom buzzer, baby cry transmitter and more. If you are experiencing any of these barriers and are interested in exploring some possible solutions contact *Options* for Independent Living to discuss and/or schedule an appointment with Calvin Richtig to demonstrate equipment.

Do You Have Problems Hearing on the Phone? There may be help at *Options* thru the WI TEPP Program.

If you are having problems hearing on the phone, the TEPP program and *Options* may be able to help. Telecommunications Equipment Program (TEPP), is funded through the Wisconsin Universal Service Fund. It provides funding assistance to people with disabilities for the purchase of specialized telephones and related equipment. A specialized telephone may be one that is amplified, or one with bigger numbers, or a captioned phone like the Captel. The TEPP Program issues monetary vouchers for different amounts based on disability that allows a person to purchase a phone that is suitable for their needs. *Options* has a bank of phones that you can try-out to determine what phone will work the best for you. Choosing the right phone is important as you can only apply for a TEPP voucher every three years. If you have questions regarding TEPP or want to make an appointment to try-out a phone, please contact Calvin Richtig, *Options* Assistive Technology Specialist, at 920-393-1037 or toll-free at 888-465-1515, ext. 130.
Wisconsin WisLoan Program

WisLoan is a state-wide alternative loan program helping Wisconsin residents with a disability to purchase assistive technology that assists them in living more independently and productively. Any Wisconsin resident with a disability over the age of 18 in need of assistive technology or home modifications is eligible to apply for a loan.

Some examples of assistive technology include wheelchairs, hearing aids, CCTV’s, and vehicles with modifications. In addition, loans have been approved for home modifications such as ramp construction and roll-in showers. Loan amounts range from $500.00 to $50,000.00, but the actual loan amount will depend on the items purchased and ability to repay.

Current interest rate on a WisLoan is 6.5%. If you have bad credit, including bankruptcy, your application will still be considered. The focus is on the ability to make monthly payments to pay back the loan. For more information or to apply for WisLoan call Options at 920-490-0500 or toll-free at 1-888-465-1515.

WisLoan is a federally-funded project of the National Institute for Disability and Rehabilitation, and a cooperative service of the WI Dept. of Health and Family Services, IndependenceFirst, and BMO Harris Bank.

Telework Loan Program

The Wisconsin Telework program is a statewide, alternative loan program that allows Wisconsin residents with disabilities to purchase computers and other equipment needed to work from home or from other remote sites away from the office, e.g. work on the road or at a telework center. Loan funds can be used to purchase equipment, training to use equipment, extended warranties, and the costs of maintenance and repairs.

You can apply for the amount you need, but actual loan amounts will depend on the item purchased and your ability to repay the loan. The interest rate is 6.5%. Term length depends on the amount of the loan and the item purchased. For more information contact the staff at Options for Independent Living at 920-490-0500 or toll-free at 1-888-465-1515.

This program is made possible through a grant from Rehabilitative Services Administration and authorized by section (303)b of the Rehabilitation Act of 1973, as amended and implemented by subsequent program regulation 34 C F R Part 373. The Department of Workforce Development-Division of Rehabilitation received the grant and provides programmatic and fiscal oversight. IndependenceFirst, a community based and consumer-controlled independent living center based in Milwaukee, administers the program in partnership with BMO Harris Bank, and Wisconsin Independent Living Centers.
For Sale…

Pride Victory Three-wheeled Scooter—Sturdy full-size scooter can be disassembled for transport. The charging port is located on the tiller. Has a bright LED headlight. Includes charger and brand new gel cell batteries. Weight capacity is 300 lbs. Top speed is 5.25 MPH. Battery range 13 miles. Asking $650. For more information contact 920-337-6546. De Pere

Emotion power assist wheelchair pilite aero z, Never used, new condition, two sets of wheels, manual and power assist. With battery charger & all manuals 20 x 18 seat, all aluminum frame, alber emotion power assist, comfort m2 cushion, reinforced power assist frame, msrp $13,000 asking $5,000 obo. Contact 920-733-0283. Black Creek


Used Permobile power wheel chair, used very little, has all the bells and whistles, power everything, lift, recline, plus accessories. This is a top of the line chair. Listed at over $60,000.00 originally. Asking $8000. Contact 250-2131. Weyauwega

Brand new wooden wheelchair ramp—asking $500 or best offer. Ramp is an L-shaped approx. 9.4 ft of ramp with a 5 by 5 ft platform and another 23 ft of ramp. Ramps are 4’ ft. wide. Includes spindled railings. Rarely used. Can be seen at 233 Beaupre St., Green Bay. Must be taken down and moved off current property. For more information contact 217-494-9097.

Wheelchair accessible condo for sale in Woodfield Village in Howard. Southern exposure with private deck, views of mature trees and wildlife. Two bedroom, 2 bath open concept living/dining rooms. Master suite offers wooded view, walk-in closet, totally wheelchair accessible bathroom. This condo is completely wheelchair accessible, from access to garage to lower level to deck. Partially finished lower level with platform chair lift for total accessibility. Sunroom leads to a 12 x 16 deck, first floor laundry complete with washer and dryer plus more. Asking $275,000. Contact 920-619-1018. Green Bay/Howard area

2005 Chrysler Town & Country - $9000 - Purchased from A & J Mobility and all recommended maintenance done since 2014 (details available from A&J). Recent replacement of Rolex controller and relay board for the electronic ramp. 84,000 original miles. Air, cruise, electric seats, remotes (for van and electronic ramp). Contact 920-639-3405. Sobieski WI

2003 Grand Caravan w/Rollex conversion in-floor ramp, power driver seat, hand controls, am/fm, CD, cassette, AC, trailer hitch and many more. Asking $4500. Contact 920-450-3078. Wrightstown WI
For Sale Cont.…

Quantum Portable Commode Chair - More freedom to travel and not worry if the facilities are conducive. Can set over a bathtub, toilet or other methods. Made out of PVC. Comes in a carrying case and has to be assembled. Asking $100. 


Freedom Ryder Hand Cycle - 7000 series aluminum hand cycle. Top quality derailleurs, shifters, carbon fiber wheels, hubs, seats, foam and upholstery, T-handles, anodizing, paint and fasteners. High quality disc brakes and patented cable routing system. Separates into two pieces and easily fits into any vehicle. Asking $900. For more information on all three items contact 920-810-2373. Appleton area

Hoyer Lift - Accommodates Hoyer 4-point slings and traditional slings. Ergonomically placed hydraulic pump handle is easy to use. Legs adjust to fit around furniture and wheelchairs. Maximum 400 lb. patient capacity. Includes: 1 Mesh Full Body Sling- size M, with commode cutout, four sling points, 1 EZ Way Sling- size L, 100% breathable, without head support. 


Looking For Used Medical Equipment Resources...

Options website has a classified tab where you may find other items listed that are not in the newsletter so check it out at www.optionsil.com. If you do not have access to the internet and want a print out of the website’s for sale list, contact Barb at Options, 1-888-465-1515, ext. 145, and the list will be sent to you.

Options also has a LEND closet that contains donated medical equipment for people to use, such as walkers, bath benches, toilet seat risers, crutches, etc. If you do not have medical insurance that will cover these items and are in need of them, please give Barb at Options a call. We may have what you need in LEND.

IndependenceFirst Mobility Store: Used durable medical equipment. Call (608) 243-1785 Madison area or (414) 988-5333 - Milwaukee area. Website: http://ifmobility.mcservices.com/.

CenterPoint is Green!

Just like trying to reuse durable medical equipment, Options tries to be environmentally friendly. Please sign up to receive an emailed copy at www.optionsil.com. Or you can find a pdf or text version on our website. Once you sign up, call us at 1-888-465-1515 to let us know you will be receiving the newsletter via electronic format and no longer want one mailed to you. Help us to not only save the cost of paper, printing and postage, but to be more environmentally friendly. Thank you!
### Options for Independent Living Inc.

**VISION STATEMENT:** Options for Independent Living empowers people with disabilities.

**MISSION STATEMENT:** Options for Independent Living, serving people with disabilities in 17 counties of Northeast Wisconsin, is the pre-eminent non-profit organization of choice to empower people with disabilities. Options provides opportunities, through advocacy and education, for individuals with all disabilities and ages, to actively access their communities, maximize their independence, and connect with the resources and funding available to them.

<table>
<thead>
<tr>
<th>Staff Directory</th>
<th>Board of Directors</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main Office—Green Bay</strong>&lt;br&gt;555 Country Club Road&lt;br&gt;Toll Free 1-888-465-1515&lt;br&gt;Fax 920-490-0700&lt;br&gt;TTY 920-490-0600&lt;br&gt;<strong>STAFF DIRECTORY</strong>&lt;br&gt;To reach staff directly, Call (920) 490-8270, then the Extension below:</td>
<td><strong>Ann Jadin</strong>&lt;br&gt;Chair</td>
</tr>
<tr>
<td><strong>Executive Director</strong>&lt;br&gt;Sue Premo Ext 111&lt;br&gt;<a href="mailto:suep@optionsil.org">suep@optionsil.org</a></td>
<td><strong>Jim Feenstra</strong>&lt;br&gt;Vice-Chair</td>
</tr>
<tr>
<td><strong>Assistant Director</strong>&lt;br&gt;Kathryn C. Barry Ext 183&lt;br&gt;<a href="mailto:kittyb@optionsil.org">kittyb@optionsil.org</a></td>
<td><strong>Eric Stream</strong>&lt;br&gt;Treasurer</td>
</tr>
<tr>
<td><strong>Accountant</strong>&lt;br&gt;Peggy Maas Ext 142&lt;br&gt;<a href="mailto:peggym@optionsil.org">peggym@optionsil.org</a></td>
<td><strong>Autumn Nordall</strong>&lt;br&gt;Secretary</td>
</tr>
<tr>
<td><strong>Housing Services Manager and Maintenance Supervisor</strong>&lt;br&gt;Steve LaFrombois Ext 122&lt;br&gt;<a href="mailto:stevel@optionsil.org">stevel@optionsil.org</a></td>
<td><strong>Byia Martin</strong></td>
</tr>
<tr>
<td><strong>Accessibility Assessment Specialist</strong>&lt;br&gt;Sarah Dunks Ext 132&lt;br&gt;<a href="mailto:sarahd@optionsil.org">sarahd@optionsil.org</a></td>
<td><strong>Joyce David</strong></td>
</tr>
<tr>
<td><strong>Work Incentives Benefits Specialist</strong>&lt;br&gt;Karin Zuleger Ext 106&lt;br&gt;<a href="mailto:karinz@optionsil.org">karinz@optionsil.org</a></td>
<td><strong>Joe Martin</strong></td>
</tr>
<tr>
<td><strong>Independent Living Coordinator</strong>&lt;br&gt;Sandra L. Popp Ext 179&lt;br&gt;<a href="mailto:sandyp@optionsil.org">sandyp@optionsil.org</a></td>
<td><strong>Scott Menzel</strong></td>
</tr>
<tr>
<td><strong>Independent Living Coord./Memory Loss Technology Specialist</strong>&lt;br&gt;Stacie Scheibe&lt;br&gt;<a href="mailto:stacies@optionsil.org">stacies@optionsil.org</a></td>
<td><strong>Karen Smits</strong></td>
</tr>
<tr>
<td><strong>Assistive Technology Specialist</strong>&lt;br&gt;Calvin Richtig Ext 130&lt;br&gt;<a href="mailto:calvinr@optionsil.org">calvinr@optionsil.org</a></td>
<td><strong>Advocacy Coordinator</strong>&lt;br&gt;Stephanie Birmingham&lt;br&gt;<a href="mailto:stephanieb@optionsil.org">stephanieb@optionsil.org</a></td>
</tr>
<tr>
<td><strong>RN Supervisor—PCA Program</strong>&lt;br&gt;Carol Hall Ext 181&lt;br&gt;<a href="mailto:carolh@optionsil.org">carolh@optionsil.org</a></td>
<td><strong>RN Supervisor—PCA Program</strong>&lt;br&gt;Billing Specialist—PCA Program&lt;br&gt;Annette Nitke Ext 107&lt;br&gt;<a href="mailto:annetten@optionsil.org">annetten@optionsil.org</a></td>
</tr>
<tr>
<td><strong>Secretary</strong>&lt;br&gt;Barb Guys Ext 145&lt;br&gt;<a href="mailto:barbg@optionsil.org">barbg@optionsil.org</a></td>
<td><strong>Certified Peer Specialists</strong>&lt;br&gt;Jacqueline West—920-680-2679&lt;br&gt;Dave Zanon—920-809-9467</td>
</tr>
<tr>
<td><strong>Maintenance Worker</strong>&lt;br&gt;Paul Prestin Ext 185&lt;br&gt;<a href="mailto:paulp@optionsil.org">paulp@optionsil.org</a></td>
<td><strong>Fox Valley Office—Appleton</strong>&lt;br&gt;2331 E. Lourdes Drive&lt;br&gt;Advocacy Coordinator&lt;br&gt;John Meissner—Appleton Office&lt;br&gt;920-997-9999&lt;br&gt;<a href="mailto:johnm@optionsil.org">johnm@optionsil.org</a></td>
</tr>
<tr>
<td><strong>Independent Living Coordinator</strong>&lt;br&gt;Alyson Windle—Appleton Office&lt;br&gt;920-882-9309&lt;br&gt;<a href="mailto:alysonw@optionsil.org">alysonw@optionsil.org</a></td>
<td><strong>Independent Living Coordinator</strong>&lt;br&gt;Alyson Windle—Appleton Office&lt;br&gt;920-882-9309&lt;br&gt;<a href="mailto:alysonw@optionsil.org">alysonw@optionsil.org</a></td>
</tr>
</tbody>
</table>

---

**STAFF DIRECTORY**

Main Office—Green Bay<br>555 Country Club Road
Toll Free 1-888-465-1515
Fax 920-490-0700
TTY 920-490-0600

Staff Directory

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Extension</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sue Premo</td>
<td>Executive Director</td>
<td>111</td>
<td><a href="mailto:suep@optionsil.org">suep@optionsil.org</a></td>
</tr>
<tr>
<td>Kathryn C. Barry</td>
<td>Assistant Director</td>
<td>183</td>
<td><a href="mailto:kittyb@optionsil.org">kittyb@optionsil.org</a></td>
</tr>
<tr>
<td>Peggy Maas</td>
<td>Accountant</td>
<td>142</td>
<td><a href="mailto:peggym@optionsil.org">peggym@optionsil.org</a></td>
</tr>
<tr>
<td>Steve LaFrombois</td>
<td>Housing Services Manager</td>
<td>122</td>
<td><a href="mailto:stevel@optionsil.org">stevel@optionsil.org</a></td>
</tr>
<tr>
<td>Sarah Dunks</td>
<td>Accessibility Assessment Specialist</td>
<td>132</td>
<td><a href="mailto:sarahd@optionsil.org">sarahd@optionsil.org</a></td>
</tr>
<tr>
<td>Karin Zuleger</td>
<td>Work Incentives Benefits Specialist</td>
<td>106</td>
<td><a href="mailto:karinz@optionsil.org">karinz@optionsil.org</a></td>
</tr>
<tr>
<td>Sandra L. Popp</td>
<td>Independent Living Coordinator</td>
<td>179</td>
<td><a href="mailto:sandyp@optionsil.org">sandyp@optionsil.org</a></td>
</tr>
<tr>
<td>Stacie Scheibe</td>
<td>Independent Living Coord./Memory Loss Technology Specialist</td>
<td></td>
<td><a href="mailto:stacies@optionsil.org">stacies@optionsil.org</a></td>
</tr>
<tr>
<td>Calvin Richtig</td>
<td>Assistive Technology Specialist</td>
<td>130</td>
<td><a href="mailto:calvinr@optionsil.org">calvinr@optionsil.org</a></td>
</tr>
<tr>
<td>Stephanie Birmingham</td>
<td>Advocacy Coordinator</td>
<td></td>
<td><a href="mailto:stephanieb@optionsil.org">stephanieb@optionsil.org</a></td>
</tr>
</tbody>
</table>

---

**Board of Directors**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ann Jadin</td>
<td>Chair</td>
</tr>
<tr>
<td>Jim Feenstra</td>
<td>Vice-Chair</td>
</tr>
<tr>
<td>Eric Stream</td>
<td>Treasurer</td>
</tr>
<tr>
<td>Autumn Nordall</td>
<td>Secretary</td>
</tr>
<tr>
<td>Byia Martin</td>
<td></td>
</tr>
<tr>
<td>Joyce David</td>
<td></td>
</tr>
<tr>
<td>Joe Martin</td>
<td></td>
</tr>
<tr>
<td>Scott Menzel</td>
<td></td>
</tr>
<tr>
<td>Karen Smits</td>
<td></td>
</tr>
</tbody>
</table>
# Counties served:

- Brown
- Calumet
- Door
- Fond du Lac
- Green Lake
- Kewaunee
- Manitowoc
- Marinette
- Marquette
- Menominee
- Oconto
- Outagamie
- Shawano
- Sheboygan
- Waupaca
- Waushara
- Winnebago

# Mark your Calendars!

**Free Wheelchair Wash**

- September 21, 2018
- 9:00 am—11:30 am

**Stepping On Class**

- Starting September 25, 2018
- (for 7 consecutive Tuesdays)
- 1:00 pm—3:00 pm

**Caregiver Resources and Strategies**

- Friday November 2, 2018
- 1:00 pm—2:30 pm

All the above are held at:

*Options for Independent Living*

555 Country Club Road, Green Bay

(More info inside on pages 2 & 3)